

# Suggested Lab Work for Men

Blood or saliva levels of hormones can be helpful in evaluating your replacement needs. We suggest that you have your physician get a base-line level of your hormones before starting human bio-identical hormone replacement. Although it is not absolutely necessary to have this information for your physician and the pharmacist to complete your evaluation, it is often helpful. The lab tests may consist of drawing up to 8 vials of blood, and may be expensive if you do not have insurance. There are also saliva labs that may be drawn, but may not be covered by your insurance. You may want to discuss this with your physician prior to starting your therapy.

The following labs are what we suggest you have drawn. If not all are affordable, please let us know and we will suggest which labs would be best to draw based on your completed evaluation.

<b>Prescribers Name:</b> _____		<b>Phone:</b> _____	
<b>Address:</b> _____		<b>City:</b> _____	<b>State:</b> _____
<b>Zip:</b> _____			
<b>For:</b> _____		<b>Date:</b> _____	
<b>Address:</b> _____			
<b>R</b>	<b>Laboratory Blood Tests</b>		
	<b>Estrogens (total)</b>	<b>Dihydrotestosterone</b>	
	<b>Progesterone</b>		
	<b>Testosterone (total)</b>		
	<b>Testosterone free</b>		
	<b>DHEA-sulfate</b>		
	<b>Cortisol</b>		
REFILL _____			
DIAG. or ICD-9 _____			
DEA NO. _____	Signature: _____		
<b>BUDERER DRUG CO.</b>		<small>EST. 1878</small>	<b>COMPOUNDING PRESCRIPTION</b>
<small>Corner Hancock &amp; Monroe Street - Sandusky, OH 44870 • (419) 627-2800 FAX (419) 626-0494 26611 N. Dixie Highway, Suite 119 - Perrysburg, OH 43551 • (419) 873-2800 FAX (419) 873-0494</small>			

These labs should be drawn in the morning between 7:00-9:00, fasting. Your physician may also want to obtain a sex hormone binding globulin lab. If you are currently taking any hormone replacement therapy, the labs should be drawn before taking your medicine or 2 hours after you take your medicine. Your physician may also want to draw thyroid labs. If they do, we suggest TSH, T3 total, T4 total and thyroglobulin. If you suffer from fibromyalgia or chronic fatigue, you may also want a reverse T3, thyroglobulin antibody and thyroid peroxidase antibody level drawn. Consider fasting insulin, glucose and 25 hydroxy vitamin D labs, as well.