

Suggested Lab Work for Women

Blood or saliva levels of hormones can be helpful in evaluating your replacement needs. We suggest that you have your physician get a base-line level of your hormones before starting human bio-identical hormone replacement. Although it is not absolutely necessary to have this information for your physician and the pharmacist to complete your evaluation, it is often helpful. The lab tests may consist of drawing up to 8 vials of blood, and may be expensive if you do not have insurance. There are also saliva labs that may be drawn, but may not be covered by your insurance. You may want to discuss this with your physician prior to starting your therapy. The suggested ICD-9 for these labs is 259.9 – Hormone imbalance.

The following labs are what we suggest you have drawn. If not all are affordable, please let us know and we will suggest which labs would be best to draw based on your completed evaluation.

Prescribers Name: _____	Phone: _____
Address: _____	City: _____ State: _____ Zip: _____
For: _____	Date: _____
Address: _____	
R Laboratory Blood Tests	
Estradiol	25-hydroxy Vitamin D
Estrone	
Progesterone	
Testosterone (total)	
DHEA-sulfate	
Cortisol	
REFILL _____	
DIAG. or ICD-9 _____	
DEA NO. _____	Signature: _____
BUDERER DRUG CO. EST. 1878 COMPOUNDING PRESCRIPTION	
<small>Corner Hancock & Monroe Street - Sandusky, OH 44870 • (419) 627-2800 FAX (419) 626-0494 26611 N. Dixie Highway, Suite 119 - Perrysburg, OH 43551 • (419) 873-2800 FAX (419) 873-0494</small>	

These labs should be drawn in the morning between 7:00-9:00, fasting. If you are still having a monthly cycle, you should have the labs drawn on the 21st day of the cycle (day 1 of the cycle is the first day of bleeding). If you are currently taking any hormone replacement therapy, the labs should be drawn before taking your medicine.

Your physician may also want to draw thyroid labs. If they do, we suggest the following: TSH, T3 free, T4 free, thyroglobulin, reverse T3, thyroglobulin antibody, thyroid peroxidase antibody and ferritin.

Consider fasting insulin, glucose, hemoglobin A1C, and C-peptide labs if you suspect Syndrome X or other blood sugar imbalances. Other cardiovascular labs such as cholesterol panel, C-reactive protein, homocysteine and Lipoprotein A and B may also be helpful.